# **Cambridge Street United Church**

No matter who you are, or where you are on your faith journey, you are welcome here.

# **Sunday, March 10, 2024**

We're glad to have you with us today in person or via our Live Streaming service and would like to make you feel connected. Whether you'd like more information about our programs, a chat with the minister, or whatever else is important to you, we'd love to hear from you.

**LIVE STREAMING** of our Sunday service is accessed from our website www.theunitedchurch.com. This is a live broadcast beginning **15 minutes** before worship begins and ends following the postlude.

#### **Our Mission Statement**

We, as members of Cambridge Street United Church, seek to follow Jesus Christ through word, music, and social action; thereby nurturing our personal faith and supporting the faith journey of others. We promise to be stewards of our living earth, to share with those in need, and to be welcoming to all.

# **Our Affirming Covenant**

Cambridge Street United Church's Affirming Covenant is a call to action to create a just and caring Community of Faith and safe space with a continuing commitment to publicly, intentionally and explicitly welcome and celebrate people of all diversities, including but not limited to, age, colour, racialized experience, culture, ethnicity, economic circumstances, gender identity, sexual orientation, Indigenous heritage, physical and mental health and ability, spiritual affiliation, and marital or family status. We aspire to include and support the full participation of people of all diversities in all aspects of the life and work of our ministry.

# **CONTACT INFORMATION**

Address: ...... 61 Cambridge St. N., Lindsay, ON K9V 4C9

Website: ..... www.theunitedchurch.com

Office Email: ..... csuc61@gmail.com

Minister: ..... revsharoncr@gmail.com  $\leftarrow$  NEW

Office phone: ....... 705-324-3547

#### **OFFICE HOURS**

Monday to Friday: 8:30 am-12:00 noon & 1:00-4:30 pm

#### **STAFF**

Rev. Sharon Campbell Rayment	. Supply Minister
Erwin Stroobach	. Director of Music
Brian Nicholson	. Pastoral Care Minister
Pam Burtt	. Office Administrator
Walt Radda	. Custodian
Bethany Swinerd	. Youth Coordinator

Follow us on Facebook and Instagram





*Thank you* to those serving us today:

Greeters: Heather Brown, Sharon McCrae, Vicky Gowan

Ushers: Mike Puffer, John and Maria Bennett,

Ruth Bovie, George Graham, Doug Rayment

Scripture Reader: Karen Martin

Fellowship Team: Congregational Care Team

Counting Team: John and Maria Bennett, Norma Martin

Audio Visual: Walt Radda

<u>HEARING DEVICES</u> – *Don't miss a thing* – hearing devices are available for use during the worship service. Just ask an usher.

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# LIFE AND WORK OF CAMBRIDGE ST. UNITED CHURCH

#### **MONDAY, March 11**

9:00-11:00 a.m. - Tai Chi - Queen St. Hall

1:00-4:00 p.m. – Indoor Walking – Gym

6:00-7:30 p.m. - TOPS (Take Off Pounds Sensibly) - QSH

#### **TUESDAY, March 12**

8:30 a.m.-12:30 p.m. - John Howard Society Mtg. - Gym

10:00-11:00 a.m. - Tuesday Morning Donut Club - Parlour

10:30-11:30 a.m. – Balance in Motion – Queen St Hall

1:30 p.m. – UCW Executive Meeting – Parlour

6:00 p.m. – B. Nicholson Meeting - Parlour

7:00-9:00 p.m. – Kawartha Lakes Singers – Queen St Hall

7:00 p.m. - Church Council Meeting - Gym

#### WEDNESDAY, March 13

10:30 a.m. – A Journey to Easter Bible Study – Upper Room

12:00 noon – Noon Hour Concert – Sanctuary & Gym

2:00-4:00 p.m. - Indoor Walking - Gym

6:00-9:00 p.m. - Borderline Crazy Quilters - Queen St Hall

7:00-8:30 p.m. – Cambridge St Bellchoir – Choir Room

## THURSDAY, March 14

9:30 a.m.-2:30 p.m. – Alzheimer's Day Program – Parlour/Kitchen

10:00 a.m. – Men's Coffee Group – Upper Room

10:00 a.m. – Card Writing Group – Small Kitchen

10:30-11:30 a.m. - Balance in Motion - Gym

12:00-4:00 p.m. - Indoor Walking - Gym

1:30-3:00 p.m. – Healing Pathway Sessions – Queen St Hall

7:00-8:30 p.m. – Cambridge St Singers – Choir Room/Sanctuary

# FRIDAY, March 15

9:00-11:00 a.m. – Tai Chi – Queen St Hall

7:00 p.m. – Pint of Blarney Concert – Gym

## **SUNDAY, March 17, 2024**

10:00 a.m. – Cherub Choir - Parlour 10:30 a.m. – Sunday Service - Lent 5 – Kids Corner



## **ANNOUNCEMENTS**

**THE MEN'S GROUP** will meet on Thursday March 14 at 10:00 am in the Upper Room. All men are invited to join us for good coffee and discussion on current topics.

SHOPPING CARD FUNDRAISING - Our Shopping Card program has cards for Tim Hortons, Esso, Canadian Tire, Burns Bulk Foods, LaMantia's Country Market, Loblaws, Food Basics, and so many more. Cards are available to purchase in the gym after Sunday services and from the office during the week.

**SEARCH COMMITTEE UPDATE** - The Search Committee is calling a congregational meeting for March 10<sup>th</sup>, 2024, immediately following the service in the sanctuary to present a name for the called ministry position at Cambridge St. United Church.

## THE MARCH 2024 EDITION OF THE CAMBRIDGE CHRONICLE is



available for pick-up today in the Narthex and in the Bond St hallway during the week. Help us save on postage costs and deliver to friends and neighbours. Newsletters that have not been picked

up will be mailed on Monday, March 11.

<u>Attention Church Pastoral Care Visitors</u>: Visitation Packages are also available for pick-up.

<u>SUBSCRIBE TO THE eNEWS</u> - The eNews is a short monthly newsletter. It keeps you up to date on special church services, concerts, volunteer opportunities, church events and more. Stay in touch--just contact Pam in the office.

**EAST CENTRAL ONT. REGIONAL COUNCIL PRAYER CYCLE** - As part the Christian Church, we are invited to pray for each other and for our mission in the world. This week we pray for St. James United Church in Peterborough, Ont.

PICKLEBALL INTRODUCTORY SESSION - The Christian Education Team is providing a pickleball introductory session\* in the gym for members of the congregation. Please sign the sheet posted on the Bond Street entrance bulletin board if you are interested in learning to play pickleball or if you have played pickleball. \*The first session will accommodate 12 participants and depending on the response, additional sessions will be arranged.

Music to bring out thoughts of spring!

# Noon Hour Concerts 2024 – 21st Season

Concerts begin at 12:00 Freewill offering.

Bring your lunch and stay for a social time after each concert.

Tea and coffee provided.

March 13 Hunter Peeters, piano

March 20 The Maple Beats featuring Teri Crawford, Rick Johnson & Randy Read

NAME TAGS – It's sometimes difficult to remember everyone's name so consider wearing a name tag. Church name tags are stored in the Bond St hallway on the name tag boards across from the kitchen. You'll find a sign-up sheet on the Bond St. entrance bulletin board. Check back in a week or so for the list of new name tags and which board you will find yours.

**2024 OFFERING ENVELOPES** are available for pick-up in the narthex. If you would like some for 2024, please contact Pam in the office 705-324-3547 or <a href="mailto:csuc61@gmail.com">csuc61@gmail.com</a>.

## SIGN UP AS A SUNDAY MORNING GREETER

There are countless ways that any of us can assist Cambridge Street United Church. One way is to **Act as a Greeter.** 

A warm welcome can really make a difference to anyone's worship experience - especially visitors or newcomers. Giving directions around the facility and any information that a visitor may be seeking can make a huge difference in whether that person enjoys the service experience or not.

Greeters are asked to be at the church by 10:00 a.m. and welcome people at one of the three main entrances. Please wear a name tag and a smile. Anyone can volunteer to act as a greeter including couples, families or individuals. A sign-up sheet is posted on the Bond St entrance bulletin board. Thank you so much!

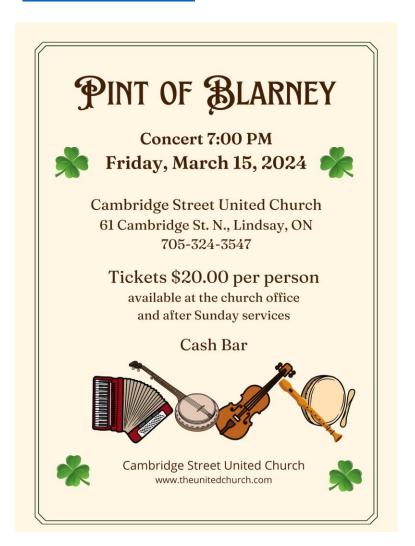
THE NEXT UCW UNIT MEETING will be held on Tuesday, March 19 at 1:30 PM in the Queen St Hall. All ladies are welcome to join us for a time of fellowship.

INDOOR WINTER WALKING - Walking is gentle on the body, with limited risk of injury. This winter, our gym (when not in use) will be available to congregation members and friends who are looking for a safe, dry place to walk and get some exercise. For March, the gym is available on Mondays 1-4pm, Wednesdays 9am-4pm and Thursday afternoons 12-4pm. Check the calendar before you come. If you have any questions, contact Pam in the office 705-324-3547 or csuc61@gmail.com.

YOU ARE INVITED TO A HEALING PATHWAY SESSION to help promote relaxation, strengthen your immune system, and restore balance. Come and receive a 30-minute healing touch session, provided by trained practitioners at no cost. Sessions are available Wednesday evenings, Thursday afternoons, and Friday mornings. Book an appointment by calling the office 705-324-3547 or email csuchealingministry2022@gmail.com

### **CALL FOR VOLUNTEERS TO REPRESENT CAMBRIDGE STREET**

UNITED AT THE REGIONAL COUNCIL: Would you like to have your say in decisions made at the regional level of the United Church of Canada? Would you enjoy meeting members of other United Churches from Uxbridge to Kingston, from Haliburton to Pickering who share your interest in the wider church? Why, when and how does the regional council oversee congregational decisions? What is a "covenant relationship" anyway? Do you feel called to serve? Just interested or curious? For more info, contact Patricia at <a href="mailto:patriciateskey@gmail.com">patriciateskey@gmail.com</a> or 705-934-1082.



#### MOST-NEEDED ITEMS FOR KAWARTHA LAKES FOOD SOURCE -

All donations of non-perishable food, as well as personal care items and cleaning products, will be most welcome. You can leave your donations in the basket outside the church office or in the shopping cart inside the main Cambridge Street doors.

"SONGS IN THE SPOTLIGHT" Familiar Songs from Broadway, Gordon Lightfoot and movies. Kawartha Lakes Singers under the direction of Arlene Gray is joined by guest band: Graeme Morrison, Ian Morrison, Jeff Lawrence, Dave Tomlinson as well as UnBELLievable. Sunday March 24, 2:30 pm, Cambridge St. United Church, Lindsay. Tickets \$25, \$10 for children 12 and under. Tickets available from choir members, online @ klsingers.ca or at the door.

2023 ANNUAL REPORTS - Help is needed putting the Annual



Reports together on Friday, April 5 at 9:30 am in the Queen St Hall. If you can spare an hour or so, please call Pam in the office at 705-324-3547.

CHURCH NURSERY HELP — Volunteers are being sought to assist in the nursery during Sunday services. In addition to adults, teens wishing to add to their community hours would be welcome! We hope to establish a rotating schedule which could involve one Sunday per month. Reopening the nursery would support young families wishing to attend church. A sign-up sheet is posted on the Bond St entrance bulletin board or call Mary Benson if you can yolunteer 705-324-0698.

<u>PRAYER SHAWL CIRCLE MEETING</u> TODAY from 1:30-3:00pm in the Parlour. All are welcome for knitting/ crocheting and fellowship. Patterns for shawls and blankets, and yarn, are available at the meeting or from the office.